

2017 Wellness & Prevention Observances

Month	Mental Health	Substance Abuse/School Prevention Topics
January	Mental Wellness Month	National Drug Facts Week (1/23-29) No Name Calling Week (1/16-20) Nat'l Drug & Alcohol Facts Week (1/23-29)
February	Teen Dating Violence Awareness Month National Eating Disorders Awareness Week (2/26 - 3/4)	Children of Alcoholics Week (2/12-18) Random Acts of Kindness Week (2/12-2/18)
March	Self- Harm Awareness Month Brain Awareness Week (3/13-19) World Bipolar Day (3/30)	National Problem Gambling Awareness Month Kids Kick Butts Day (aka- Kids Trash Tobacco Day) (3/15) National Poison Prevention Week (3/19-25)
April	National Child Abuse Prevention Month Stress Awareness Month	Distracted Driving Awareness Month National Alcohol Awareness Month Alcohol-Free Weekend (3/30-4/2) National Youth Violence Prevention Week (4/3-7) Medication Safety Week (TBD) National Alcohol Screening Day (4/7)
May	Family Support Month National Mental Health Awareness Month National Child Mental Health Month National Anxiety and Depression Awareness Week (5/7-13) National Schizophrenia Awareness Week (5/17-5/23) Children's Mental Health Awareness Week (5/7-13)	National Prevention Week (5/14-5/20) World No Tobacco Day (5/31)
June	National Post Traumatic Stress Disorder Awareness Day (6/27)	
July	National Minority Mental Health Month	
August		
September	National Suicide Prevention Week (9/10-16) World Suicide Prevention Day (9/10)	National Recovery Month
October	ADHD Awareness Month Domestic Violence Awareness Month National Mental Health Awareness Week National Depression Screening Day (10/5) OCD Awareness Week (10/8-10/14) World Mental Health Day (10/10)	CyberSecurity Awareness Month National Bullying Prevention Month Talk About Your Medicines Month National Drug Free Work Week (End of October- dates TBA) National Teen Driver Safety Week (10/15-10/21) Red Ribbon Week (10/22-10/28)
November	International Survivors of Suicide Day (11/18)	Great American Smokeout (11/16) World Kindness Day (11/13)
December		National Impaired Driving Prevention Month

Resources

- Great American Smokeout: <http://www.cdc.gov/features/greatamericansmokeout/>
- Kids Kick Butts Day (aka- Kids Trash Tobacco Day): www.kickbuttsday.org
- Medication Safety Week:
http://www.womensheart.org/content/outreach/MedicationSafetyWeek/whatis_medicationsafetyweek.asp
- National Alcohol Awareness Month: <http://ncadd.org/index.php/programs-a-services/alcohol-awareness-month>
- National Bullying Prevention Month: <http://www.pacer.org/bullying/nbpm/>
- National Child Abuse Prevention Month:
<https://www.childwelfare.gov/topics/preventing/preventionmonth/?hasBeenRedirected=1>
- National Distracted Driving Awareness Month: <http://www.nsc.org/learn/NSC-Initiatives/Pages/distracted-driving-awareness-month.aspx>
- National Drug Facts Week: <http://teens.drugabuse.gov/national-drug-facts-week>
- National Drug Free Work Week: <http://www.ndwa.org/DFWW.php>
- National Impaired Driving Prevention Month:
http://www.cdc.gov/Motorvehiclesafety/impaired_driving/index.html
- National Mental Health Awareness Month: <http://www.mentalhealthamerica.net/may>
- National Minority Mental Health Month:
http://www.nami.org/Content/ContentGroups/Multicultural_Support1/National_Minority_Mental_Health_Awareness_Month_Main_Page.htm
- National Poison Prevention Week: <http://www.aapcc.org/>
- National Prevention Week: <http://www.samhsa.gov/prevention-week>
- National Problem Gambling Awareness Month: <http://www.npgaw.org/>
- National Recovery Month: <http://www.recoverymonth.gov/>
- National Suicide Prevention Week/World Suicide Day <http://www.sprc.org/>
- National Teen Driver Safety Week:
http://www.teendriversource.org/more_pages/page/get_behind_national_teen_driver_safety_week_ntdsw/teen
- National Youth Violence Prevention Week: <https://nationalsave.org/what-we-do/save-events/national-youth-violence-prevention-week/>
- No Name Calling Week: <http://glsen.org/nonamecallingweek>
- Random Acts of Kindness Week: www.randomactsofkindness.org
- Red Ribbon Week: <http://redribbon.org/>
- Screenings (Depression, Suicide, Alcohol): <http://mentalhealthscreening.org/programs/initiatives>
- Stress Awareness Month: <https://www.psychologytoday.com/basics/stress>
- Talk About Your Medicines Month: <http://www.talkaboutrx.org/>
- Teen Dating Violence Awareness Month: <http://www.teendvmonth.org/>
- World Kindness Day: <https://www.randomactsofkindness.org/>
- World No Tobacco Day: <http://www.who.int/tobacco/wntd/en/>