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**PUTNAM FAMILY & COMMUNITY SERVICES ANNOUNCES
NEW PROGRAM DIRECTORS**

*Arlene Seymour takes leadership of Substance Use Treatment & Prevention Services;
Jane Amsden named Program Director, Mental Health Treatment & Counseling Services*

Carmel, NY – Putnam Family & Community Services (PFCS) is very pleased to announce the appointment of two new Program Directors, one new to the agency and one very deservedly promoted to a leadership role, at the non-profit agency providing services that address mental health issues and substance use challenges here in the Lower Hudson Valley.

Arlene Seymour, MA, LCAT, CASAC, has joined PFCS as Program Director for the Alcohol & Substance Use Treatment & Prevention Services. Arlene joins PFCS from Lexington Center for Recovery in Beacon, NY where she served as Program Director/Clinical Supervisor since 2008. She brings with her not only significant professional credentials, but also an impressive track record in the fields of substance use counseling and art therapy. ‘Arlene has the depth of experience that we were looking for to quickly and effectively take the lead for our Alcohol & Substance Use services. She clearly embraces PFCS’ mission, vision and values regarding hope, wellness and recovery, and we are thrilled to have her on board,’ stated Diane E. Russo, PFCS Chief Executive Officer.

In addition, Jane Amsden, LCSWR, has been named Program Director of PFCS Mental Health Counseling & Treatment Services. Amsden, who joined PFCS as a Staff Supervisor in 2010 and has served as Clinical Coordinator for the past 2 years, has been well prepared to take on this leadership role. “Jane has proven herself a capable leader through her progressively increased responsibilities over the last several years. Her appointment to Program Director is a welcome and natural progression in recognition of her abilities and contributions here at PFCS,” said Liza Szpylka, Vice President of Behavioral Services.

‘The Program Directors here at PFCS are a critical component to the on-going success of our services here in Putnam County and surrounding communities. We are very fortunate to have Arlene and Jane supporting PFCS and our clients in that capacity,’ said Russo, ‘and we look forward to their leadership, creativity and innovation.’

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About Putnam Family and Community Services, Inc.

Putnam Family and Community Services, Inc. (PFCS) is the only private non-profit agency providing recovery-based mental health, substance use disorder treatment and prevention services in Putnam County, NY. PFCS offers hope and healing to people of all ages through a comprehensive range of services including individual and group counseling, care management, family advocacy, parenting education, community outreach, psychiatric rehabilitation, and medication management. For more information, visit www.PFCSinc.org or www.Facebook.com/PFCSinc.